

VOLUNTEERS



The time is drawing near,
For cyclists and runners to use their gear.

The Embassy Suites Day of the Tread
will be here before we know it, but let's not dread.

Volunteers needed who want to share
Their spirit, their cheering of all that dare;
To run the course or ride their bikes
And even all, who use their trykes.

So join us on this day of days
To help the decorations of our station amaze
The riders, the runners, and all who come by,
To say "Great Job" "Good to See You" and
"Thank You, Good Bye".

Foundations with the best theme decorations are eligible for prizes.

So if you are an enthusiastic individual who wants to share their decorating ideas with the option to dress up in costume for our station along the course, **WE NEED YOU!** Call the Carrie Tingley Hospital Foundation office at: 243-6626 or email Pearl at: plark@csthf.net by August 13th.

The Embassy Suites Day of the Tread (www.dayofthetread.com) is an event that is family-oriented with a Halloween-themed charitable bike ride, walk and certified 5k/10k run benefitting the Carrie Tingley Hospital Foundation, Casa Esperanza and the Leukemia and Lymphoma Society.

Be sure to save the date: October 24th, and join us in this event that raised over \$10,000 last year for the Carrie Tingley Hospital Foundation to assist the Carrie Tingley Hospital special needs children and their families.





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